
A PATIENT'S GUIDE TO

COMMUNITY RESOURCES



PROVIDED BY
Bay Area Hospital
Case Management Services
1775 Thompson Road
Coos Bay, Oregon 97420
541-269-8411

7170-008REV0923

Sometimes, after a hospital stay for an illness, surgery, or accident, additional care is needed for a period of time.

This guide is an overview of services or care available on the Southern Oregon Coast.

It is intended only to summarize your options.

Your Physician or Case Management Staff may talk with you in detail about your individual situation and may provide you with additional suggestions or information to help you reach the best decision for you and your family.

PLEASE TAKE NOTE:

- This guide is not an endorsement of any service or provider.
- The information is subject to change without notice.
- Some fees for services found in this guide can be billed to your insurance plan, however, payment is the responsibility of the patient.

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Introduction to Alternative Care Settings

Living at home is not always the best choice for everyone. When living at home is no longer desired, or feasible, a variety of alternatives are available.

Retirement Communities are residential settings for active adults. Housing options range from apartment settings to more personalized care as one's health declines, which often allow the resident to remain within the same residential setting. Most provide support services such as meals, housekeeping, transportation, recreational and social programs.

Continuing Care Retirement Communities offer older adults the option of contracting with a retirement community for living accommodations and the security of knowing continuing care services will be available as their needs change. Substantial entry fees are usually charged.

Adult Foster Care services are a popular choice for seniors and people with disabilities as they provide care and assistance in a home-like setting. Homes are located in residential neighborhoods and serve between one to five residents. Costs are typically far less than nursing facility care. Adult Foster Homes are licensed and regulated by the State of Oregon Department of Human Services.

Assisted Living Facilities are congregate living centers with apartment style living quarters for seniors and people with disabilities. Services are tailored to the individual's needs and include personal care, bathing, medication management, laundry, and supervision. Nursing services may be included.

Residential Care Facilities are congregate living centers for seniors and people with disabilities. They provide supportive care and supervision, such as meals, laundry, bathing, and personal care. Generally, residents do not require professional nursing-related services.

Facilities with Alzheimer's Dementia Endorsed Care Units provide care in a safe, secure environment for seniors and people with disabilities that have Alzheimer's or a dementia related diagnosis. Services include supervision, personal care, meals, laundry, and medication management. These units are usually offered in a nursing facility or residential care facility setting.

Level of Care Chart

ADL = Activities of Daily Living

<u>Retirement</u> 0 Independent	1 Minimum Assist	<u>Assisted Living</u> 2 Stand-By Assist	3 Hands-on Assist	<u>Skilled Nursing</u> 4 Total Assist
<ul style="list-style-type: none"> ▪ Independent in an emergency <ul style="list-style-type: none"> ▪ Able to negotiate stairs in an emergency 	<ul style="list-style-type: none"> ▪ Able to respond in an emergency 	<ul style="list-style-type: none"> ▪ May need assistance in an emergency 	<ul style="list-style-type: none"> ▪ Needs assistance in an emergency 	<ul style="list-style-type: none"> ▪ Needs supervision in an emergency
<p>Able to accomplish all ADLs without intervention from staff or family, include:</p> <ul style="list-style-type: none"> ▪ bathe, dress, groom, transfer & ambulate, toilet, eat, take medications, and communicate independently 	<p>Walks/transfers independently; infrequent falls. ADLs:</p> <ul style="list-style-type: none"> ▪ Independent to verbal reminders ▪ Independent with medications/ doctor's appointments ▪ Continent bowel/bladder independently bathes 	<p>Transfer stand-by assistance may be needed. ADLs:</p> <ul style="list-style-type: none"> ▪ Reminders to verbal cues ▪ Medications management helpful ▪ Occasional incontinence assistance ▪ Bathing set-up helpful 	<p>Transfer one-person assistance usually needed. ADLs:</p> <ul style="list-style-type: none"> ▪ Verbal cues to hands-on assistance ▪ Medication management ▪ Incontinence management ▪ Bathing assistance needed 	<p>Transfer mechanical lift/ two-person transfer/ bedfast ADLs:</p> <ul style="list-style-type: none"> ▪ Hands-on assistance ▪ Medication/ behavior management ▪ Bathing assistance
<ul style="list-style-type: none"> ▪ Meals/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Meals/nutrition/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Meals/nutrition/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Meals/nutrition/ housekeeping assistance is helpful 	<ul style="list-style-type: none"> ▪ Verbal cues/ hands-on assistance to eat
<ul style="list-style-type: none"> ▪ Able to independently plan social activities 	<ul style="list-style-type: none"> ▪ Would benefit from socialization and activities with minor encouragement 	<ul style="list-style-type: none"> ▪ Reminders/ encourage to participate in activities 	<ul style="list-style-type: none"> ▪ Encourage/ escort to participate in activities 	<ul style="list-style-type: none"> ▪ Encourage/ escort to activities or one-on-one visits
<ul style="list-style-type: none"> ▪ Limited room service 	<ul style="list-style-type: none"> ▪ Oriented to self/ little memory impairment 	<ul style="list-style-type: none"> ▪ Mild memory impairment/ sometimes disoriented 	<ul style="list-style-type: none"> ▪ Impaired memory/ poor orientation/ mild confusion 	<ul style="list-style-type: none"> ▪ Needs 24-hour nursing supervision or skilled therapy services

<ul style="list-style-type: none"> ▪ Does not medically “need” to move out of current setting 	<ul style="list-style-type: none"> ▪ Family “slightly concerned” 	<ul style="list-style-type: none"> ▪ Family “concerned” 	<ul style="list-style-type: none"> ▪ Family “very concerned, have to do something” 	<ul style="list-style-type: none"> ▪ Needs continuous assistance
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211 Info:

Dial 211 toll-free

Visit 211info.org

Text 898211 with zip code searching for services

Email help@211info.org

211INFO Mobile APP

Find Local community resources

211 Info provides weather advisory with shelter locations

MEDICARE BASICS

For official government information online go to:

www.medicare.gov

<http://www.medicare.gov/publications/pubs/pdf/10050.pdf>

Social Security

3661 Broadway, North Bend, OR 97459

1-800-772-1213

TTY: 1-800-325-0778

www.ssa.gov

State of Oregon - Department of Human Services

Aging and People with Disabilities (APD) Aging and Disability Resource Connection (ADRC)

APD maintains a list of licensed Adult Foster Homes.
For a copy of this list contact your local APD office listed below:

Coos County:	(541) 756-2017	Coos Bay
Curry County:	(541) 247-4515	Gold Beach
	(800) 257-1385	
Douglas County:	(541) 271-4835	Reedsport
Lane County:	(541) 997-8251	Florence

http://www.oregon.gov/DHS/spwpd/ltc/ltc_guide/whataremychoices.shtml
<https://www.adrcforegon.org/consite/index.php>

State of Oregon

Department of Human Services

Aging and People with Disabilities (APD)

Aging and Disability Resource Connection (ADRC)

APD maintains a list of available private caregivers
who have registered with their offices.

Caregivers are screened for Oregon criminal background only.

Additional screening and reference checks are recommended.

Aging and People with Disabilities (APD)

(Call or visit for availability)

<http://www.oregon.gov/DHS/spwpa/offices.shtml>

Food Assistance; Food Stamps; In-Home Care; Nursing Facilities; Respite Care; Supervised Living

Coos County

Coos County Multiple Services Office

2675 Colorado Street
North Bend, OR 97459
(541) 756-2017
FAX (541) 756-7418

Curry County

Gold Beach Multiple Services Office

94145 5th Place
Gold Beach, OR 97444
(541) 247-4515
FAX (541) 247-5938
Toll free (800) 257-1385

Brookings Office

586 5th Street, Suite 200
Brookings, OR 97415
(541) 469-9299
FAX (541) 469-0632
Toll free (800) 419-1371

Douglas County

Douglas County Senior Services

Reedsport

PO BOX 477
Reedsport, OR 97467
(541) 643-9829
Fax (541) 271-5162

Roseburg

1036 SE Douglas Ave
RM 221
Roseburg, OR 97470
(541) 440-3677
Fax (541) 440-3658

Lane County

Florence Central Coast Resource Center

3180 Highway 101 North
Florence, OR 97439-0066
(541) 902-9430
FAX (541) 902-2115

Oregon Office on Disability and Health

Improving the health and wellness of Oregonians with disabilities—Collaborative effort between OHSU and Oregon Department of Human Services, Public Services

<http://www.ohsu.edu/xd/research/centers-institutes/institute-on-development-and-disability/public-health-programs/oodh/oodh.cfm>

State of Oregon – Department of Human Services

(Call or visit for availability)

<http://www.oregon.gov/DHS/index.shtml>

**Food Assistance; Food Stamps; Medicaid; Oregon Health Plan; Public Assistance;
Temporary housing Assistance**

Department of Children, Adults and Families

Coos County

COOS BAY / NORTH BEND DHS OFFICE

1431 Airport Lane
North Bend, Oregon 97459

Phone: [541-808-6155](tel:541-808-6155)

Fax: 541-808-6073

Curry County

Gold Beach Multiple Services Office

94145 West 5th Place
Gold Beach, OR 97444

(541) 247-7036

FAX (541) 247-69951

Mon-Fri

8:00 am – 5:00 pm

DHS, employment, and SCBEC

Douglas County

Roseburg Branch
738 West Harvard Avenue
Suite 120
Roseburg, OR 97471

(541) 440-3373

FAX (541) 673-3398

Toll free (800) 305-2903

West Office
2630 Frontage Road
Reedsport, OR 97457
(541) 271-4851
FAX (541) 271-5162

Lane County

Florence Central Coast Resource Center

3180 Highway 101 North

Florence, OR 97439

(541) 997-8251

FAX (541) 997-9137

Home Health & Hospice Agencies

(Call or visit for availability)

Oregon Coast Home Health Agency

3950 Sherman Ave
North Bend, OR 97459
Call for hours
(541) 269-5454
FAX (541) 269-2828

Home Health Serving Coos Bay, North Bend and Lakeside

Pacific Home Care Associates, Inc

Coos Bay
455 South 4th Street, Suite 3
Coos Bay, OR 97420
(541) 266-7005
FAX (541) 266-7008
(877) 322-8600

Home Health and Hospice
Physical/Occupational/Speech Therapy
Serving areas of Coos and Douglas Counties

Coastal Home Health & Hospice

PO Box 6042
306 Wharf Street
Brookings, OR 97415
(541) 469-0405
FAX (888) 611-8233
(800) 535-9472

Home Health and Hospice
Serving Curry County North to Coos County including Langlois

Peace Harbor Home Health & Hospice

2230 Kingwood Street, Florence, OR 97439
Mailing address: 400 9th Street
Florence, OR 97439
(541) 997-3418
FAX (541) 902-6740

Home Health and Hospice
Serving Western Lane County

South Coast Hospice

1620 Thompson Road
Coos Bay, OR 97420
(541) 269-2986
FAX (541) 269-0576
Hospice
Serving Coos County

Sutter Coast Home Health & Palliative Care

Brookings

409 Hillside Avenue Suite B
Brookings, OR 97415

contact through office in Crescent City

(707) 464-8741

Del Norte County

785 E Washington Blvd
Suite 14

Mailing address:

800 E Washington Blvd
Crescent City, CA 95531

(707) 464-8741

FAX (707) 464-3742

Home Health and Palliative Care

Serving Curry County Southern Oregon Border North to Pistol River
Del Norte Office Serves All of Del Norte Count

For additional information on qualifying for Home Health or Hospice benefits through Medicare, ask your Case Manager/Discharge Planner for more information.

You may also visit <https://www.medicare.gov/> or call 1-800-Medicare (1-800-633-4223)

Quality and resource use measure data is currently available for the domains of functional status, skin integrity, the incidence of major falls, and other measures are now publicly available on the IRF, SNF, LTCH, and Home Health (HH) Compare websites:

Inpatient Rehabilitation Facilities:

Selecting a Post Hospitalization Facility or Services Provider

Find quality and resource use measurement data on participating post-hospitalization care providers (currently available) to assist you in making your selection:

Long Term Care Hospital: <https://www.medicare.gov/longtermcarehospitalcompare/>

Inpatient Rehabilitation Facility: <https://www.medicare.gov/inpatientrehabilitationfacilitycompare/>

Hospice Services: <https://www.medicare.gov/hospicecompare/#>

Critical Access Hospital Rehabilitation/Swing Bed: <https://www.medicare.gov/hospitalcompare/>

Home Health Agency: <https://www.medicare.gov/homehealthcompare/search.html>

Nursing Home Facility: <https://www.medicare.gov/nursinghomecompare/>

For more information, visit the **Medicare.gov** website at: <https://www.medicare.gov/>

Skilled Nursing Facilities

(Call or visit for availability)

Bandon

Southern Coos Hospital Swing Bed Program

900 11th Street SE
Bandon, OR 97411
(541) 347-2426
FAX (541) 347-0514

Brookings

Curry Good Samaritan Center

1 Park Avenue
Brookings, OR 97415
(541) 469-3111
FAX (541) 469-5970

Coquille

Coquille Valley Hospital Swing Bed

940 East 5th Street
Coquille, OR 97423
(541) 396-5760
FAX (541) 824-1136

Also offers intermediate care &
respite care & contracts with the
Veterans Administration

Coos Bay

Avamere Rehabilitation

2625 Coos Bay Blvd
Coos Bay, OR 97420
(541) 267-2161
FAX (541) 267-3098
This facility contracts with the
Veterans Administration

Life Care Center of Coos Bay

2890 Ocean Blvd
Coos Bay, OR 97420
(541) 267-5433
FAX (541) 266-3553
Also offers intermediate
care and respite care

Florence

Regency Florence

1951 E. 21st Street
Florence, OR 97439
(541) 997-8436
FAX (541) 997-3413
Also offers intermediate care & respite care

Gold Beach

Curry General Hospital Swing Bed

4220 Fourth St
Gold Beach, OR 97444
(541) 247-6621
FAX (541) 469-5970
Toll Free (800) 445-8085

Myrtle Point Care Center

637 Ash Street
Myrtle Point, OR 97458
(541) 572-2066
FAX (541) 572-5477
Also offers intermediate care & respite care

Aidan Senior Living at Reedsport

600 Ranch Road
Reedsport, OR 97467
(541) 271-5841
FAX (541) 271-6357
Also offers intermediate care & respite care

You may also visit <https://www.medicare.gov/> or call 1-800-Medicare (1-800-633-4223)

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Inpatient Rehabilitation Facility: <https://www.medicare.gov/inpatientrehabilitationfacilitycompare/>

Hospice Services: <https://www.medicare.gov/hospicecompare/#>

Critical Access Hospital Rehabilitation/Swing Bed: <https://www.medicare.gov/hospitalcompare/>

Home Health Agency: <https://www.medicare.gov/homehealthcompare/search.html>

Nursing Home Facility: <https://www.medicare.gov/nursinghomecompare/>

For more information, visit the **Medicare.gov** website at: <https://www.medicare.gov/>

VIBRA **LONG TERM ACUTE CARE HOSPITAL**

10300 NE Hancock Street
Portland, Oregon 97220
971-220-7310

Assisted Living, Residential Care & Retirement Communities

(Call or visit for availability)

Coos Bay

Bay Side Terrace

192 Norman Ave
Coos Bay, OR 97420
(541) 888-2255
FAX (541) 888-3598

Ocean Ridge Retirement & Assisted Living Residence

1855 SE Ocean Blvd
Coos Bay, OR 97420
(541) 267-4000
FAX (541) 269-1672

North Bend

Evergreen Court Retirement Community

451 O'Connell
North Bend, OR 97459
(541) 756-4466
FAX (541) 751-7715

Inland Point Senior Community Assisted Living Residence & Senior Estate

2290 Inland Drive
North Bend, OR 97459
(541) 756-0176
FAX (541) 756-8405

Blue Diamond Estates Residential Care Center

87326 McTimmons Lane
Bandon, OR 97411
(971) 344-4998
FAX (541) 347-9631

Bandon

Pacific View

1000 6th Avenue West
Bandon, OR 97411
(541) 347-7502
FAX (541) 347-7802

West Wind Court

465 SW 4th Street
Bandon, OR 97411
(541) 347-9497
FAX (541) 347-7802

Azalea Garden's

755 Elk Drive
Brookings, OR 97415
(541)-469-7182
FAX (541) - 469-5277

Brookings

Curry Good

Samaritan Center
1 Park Ave
Brookings, OR 97415
(541)-469-3111
FAX (541)-469-5970

Monarch Gardens

Memory Care

984 Parkview Drive
Brookings, OR 97415
(541)-469-6817
FAX (541)-469-3768

Florence

Spruce Point Assisted Living Community

375 9TH Street
Florence, OR 97439
(541) 997-6111
FAX (541) 997-5747

Gold Beach

Shore Pines Assisted Living Community

93975 Ocean Way
Gold Beach, OR 97444
(541) 247-0333
FAX (541) 247-9585

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Inpatient Rehabilitation Facility: <https://www.medicare.gov/inpatientrehabilitationfacilitycompare/>
Hospice Services: <https://www.medicare.gov/hospicecompare/#>
Critical Access Hospital Rehabilitation/Swing Bed: <https://www.medicare.gov/hospitalcompare/>
Home Health Agency: <https://www.medicare.gov/homehealthcompare/search.html>
Nursing Home Facility: <https://www.medicare.gov/nursinghomecompare/>

For more information, visit the **Medicare.gov** website at: <https://www.medicare.gov/>

NOTE

- A physician’s prescription and documentation of need and benefit is required before insurance companies will consider payment for medical equipment at home.
- Equipment, supply, and maintenance benefits vary with different insurance companies.
- Policy holders should call their insurance company to inquire about benefits, preferred providers and pre-authorization requirements for equipment and supplies.
- Check with the equipment vendor about your insurance issues.
- It is the responsibility of the patient to obtain equipment and supplies needed for home use.
- This guide is not an endorsement of any service or provider.
- The information is subject to change without notice.
- Some fees for services found in this guide can be billed to your insurance plan; however, payment is the responsibility of the patient.

Medical Equipment / Supplies

(Call or visit for availability)

Apria Healthcare

www.apria.com

Crescent City

630 G Street
Crescent City, CA 95531
(707) 464-4242
FAX (707) 464-2879

Service Area Crescent City Store:

North to Gold Beach, South to Klamath County,
East to Gasquet

Coram

Portland
Toll Free (877) 502-6726
Direct (503) 684-3046
FAX (503) 684-6627

Coram is a national provider of home infusion services and specialty pharmacy distribution.

<http://www.coramhc.com/>

Byram

(877) 902-9726 order by phone
(866) 811-4500 order by FAX

A specialized provider of medical supplies to patients in the home. Call or visit the website to request a catalog or to place an order.

<http://www.byramhealthcare.com/>

Home Parenteral Care Inc

1000 South Bertelsen Road #5
Eugene, OR 97402
(541) 683-3700

Lincare

www.lincare.com

Brookings

16290 Tolman Lane
Unit 101
Brookings, OR 97415
(541) 469-3989
Toll Free (800) 951-8210
FAX (541) 469-7517

Florence

1535 9th Street, #B
Florence, OR 97439
(541) 902-7734
FAX (541) 997-0882

Coos Bay

155 N Schoneman Ave
Coos Bay, OR 97420
(541) 269-0607
FAX (541) 269-5935
Serving North: Coos Bay,
North Bend, Lakeside and
Winchester Bay
South: Port Orford, East to Powers

Rick's Medical Supply

1934c Newmark St
North Bend, OR 97459
(541) 756-9016
And
482 NE Winchester Street
Roseburg, OR 97470
(541) 672-3042
FAX (541) 673-0715

**Raindance Laundry and
Healthcare Services**

350 LaClair Street
Coos Bay, OR 97420
(541) 888-9406
FAX (541) 888-3986
Toll free (800) 756-3073

Low Cost Used Equipment

(Call or visit for availability)

Coos Bay

Salvation Army Thrift Store

306 South 2nd Street
Coos Bay, OR 97420
(541) 269-9704
Social Services (541) 808-5202

Coquille

Whoozits, Whatzits, Gadgets, &

Widgets

207 East First Street
Coquille, OR 97423
(541) 396-5986

North Bend

Goodwill

3698 Broadway
North Bend, OR 97459
(541) 269-9150
FAX (541) 269-9409

South Coast Hospice

1955 Meade Street
North Bend, OR 97459
(541) 269-9611
FAX (541) 756-4352

Bandon

Begin Agains

89 Michigan AVE NE

Bandon, OR 97411
(541) 347-5147

St. Johns Medical Loan Closet

795 Franklin AVE

Bandon, OR 97411
(541) 590-2443

SW

Reedsport

Sunrise Shop & Save

1401 US Highway 101
Reedsport, OR 97467
(541) 271-0553

Brookings

Goodwill
890 Chetco AVE
Brookings, OR 97415
(541) 412-5165

South Coast Humane Society Thrift Store
16094 HWY 101 S
Brookings, OR 97415
(541) 469-5694

Florence

St. Vincent de Paul
2315 Hwy 101
Florence, OR 97439
(541) 997-1030

Goodwill
1665 HWY 101
Florence, OR 97439
(541) 997-2911

Outpatient Rehabilitation Services

(Call or visit for availability)

Coastal Physical Therapy

580 5th Street, Ste #600
Brookings, OR 97415
(541) 469-7314
FAX (541) 469-3669

Brookings Harbor Physical Therapy & Rehabilitation

565 5th Street
Brookings, OR 97415
(541) 469-1062
FAX (541) 469-8477

Lower Umpqua Rehabilitation

600 Ranch Road
Reedsport, OR 97467
(541) 271-6318
FAX (541) 271-6376

Gold Beach Physical Therapy & Rehabilitation

29692 Ellensburg Ave
Gold Beach, Oregon 97444
(541) 247-2254
FAX (541) 247-6393

South Coast Orthopedic Physical Therapy

2645 N. 17th Street
Coos Bay, OR 97420
(541) 266-3658
FAX (541) 267-5395

North Bend Medical Center

1900 Woodland Dr.
Coos Bay, OR 97420
(541) 266-1223
FAX (541) 266-4526

Starting Line Physical Therapy

1957 Thompson RD
Coos Bay, OR 97420
541-269-2741

Southwest Physical Therapy Rehab Services

Coos Bay
1650 Thompson Rd
Coos Bay, OR 97420
(541) 269-7212
FAX (541) 267-5260

Bandon
913 SE 11th St., #1
Bandon, OR 97411
(541) 347-4314
FAX (541) 347-8006

Coquille
279 North Central Coquille
Coquille, OR 97423
(541) 396-3341
FAX (541) 396-5093

A physician's prescription is required for services.
This guide is not an endorsement of any service or provider.

You may also visit <https://www.medicare.gov/> or call 1-800-Medicare (1-800-633-4223).

Diabetes Information

(Call or visit for availability)

Bay Area Hospital

Patient Education (541) 269-8076

Diabetes Self-Management Program

Scholarship available for those who are unable to afford class

Free Diabetes Review Class

For those who have had previous diabetes education. Offered 1st Tuesday, every month, at noon

Free “Diabetes Prevention Class”

Information on slowing or stopping diabetes progression. Offered 4 times a year: Jan, April, July and October

**Sign-up for class call
(541) 269-8349**

South Coast Diabetes Association

Service area Bandon to California state line North to Coos County including Langlois.

FREE ongoing diabetes discussion / support group meetings. (541) 756-9054

Offers some short term assistance for diabetes supplies and medications on an emergency basis—all insulin assistance must have a prescription to be filled.

Assistance is only available to an individual once per year.

www.southcoastdiabetes.org

Glucometers

Also ask for specials at major retail pharmacies

All meters have a toll-free phone number on the back of the meter for assistance.

MANUFACTURER ASSISTANCE OR INFORMATION AVAILABLE:

Abbott

Blood glucose strips

General product support (888) 522-5226

FreeStyle InsuLinx Support (800) 222-3100

FreeStyle Promise Support (877) 318-1966

Patient assistance program (800) 222-6885

www.myfreestyle.com

Accucheck/Roche

For savings card--from web site:

Select- “USA“ Click on the map of the United States

Click on “Order Connect Tool Kit” (the co-pay savings card with the cash pay option is called the Connect Card.)

(800) 858-8072 24-hour Customer Care Center

(Number on the back of ACCU-CHEK® meters)

<http://www.accu-chek.com/us/>

Bayer

(800) 348-8100

www.bayercontour.com

Lantus (Sanofi-Aventis)

Lantus Connection
(877) 591-1068

Lilly

Insulin (such as Humalog, NPH, 70/30, etc.)
(855) 559-8783
www.lillycares.com

Novo Nordisk Pharmaceuticals

Novo Nordisk Patient Assistance Program for insulin (Levemir, Victoza, NovoLog)
(866) 310-7549 (EST hours)
<http://www.novonordisk-us.com/documents/>

Sanofi-aventis Patient Assistance

(888) 847-4877
www.sanofi.us

MEDICARE INFORMATION:

Life First / One Touch

www.onetouch.com

Life Scan for information (800) 227-8862

FINANCIAL AID FOR EYE CARE:

Eye Care America:

(877) 887-6327

Mission Cataract USA

<http://missioncataractusa.org/>

Vison USA:

(800) 766-4466

InfantSEE

<http://www.infantsee.org/>

Lions Club International:

To find a Lions Club near you visit:

<https://directory.lionsclubs.org/>

EYEGLASSES:

Sight for Students:

Vision Service Plan (VSP)

(888) 290-4964

<http://www.sightforstudents.org/>

New Eyes for the Needy

Provides vouchers for purchase of new prescription eyeglasses

<http://www.new-eyes.org/>

GOVERNMENT PROGRAMS:

Medicare Benefit for Eye Exams:

(800) 633-4227

<http://www.medicare.gov/>

State Children’s Health Insurance Program (SCHIP)

Toll free (877) 543-7669

<http://www.insurekidsnow.gov/>

For the most up-to-date information, you may wish to visit:

<https://www.nei.nih.gov/health/financialaid>

In-Home Service

(Call or visit for availability)

Assured Quality Home Care

340 Central Ave
Coos Bay, OR 97420
(541) 808-2355
<http://aqhcinc.com/>

Harmony Homecare, LLC

375 Park Avenue #10
Coos Bay, OR 97420
(541) 267-319
www.harmonyhomecarecoosbay.com

Care Connection

Coos County

1431 Airport Lane
North Bend, Oregon 97459
(541) 808-6155
Fax (541) 808-6073
Childcare resource & referral
(541) 888-7957

Curry County

94145 West 5th Place
Gold Beach, OR 97444
(541) 813-1674

Childcare resource & referral
(541) 813-1674

Coos–Curry In-Home Services

<http://www.scbec.org/scbec-senior-services-in-home-services.htm>

Coos County

93781 Newport Lane
Coos Bay, OR 97420
(541) 269-2013
(800) 858-5777
FAX (541) 267-0194

Curry County

16399 Lower Harbor Road
Brookings, OR 97415
(541) 412-1091

Harmony Homecare, LLC

375 Park Avenue #10
Coos Bay, OR 97420
(541) 267-3190
FAX (541) 269-7723

Guardians by the Sea

16210 East Hoffeldt Lane
Brookings, OR 97415
(541) 661-7011

New Horizons In-Home Care

2348 Colorado Ave
North Bend, OR 97459
(877) 642-2737

United Homecare Services

320 Central Avenue, Suite 314
Coos Bay OR 97420
(541) 267-7411
(866) 996-9090

Oregon Home Care Commission

<https://or-hcc.org/>

South Coast Business Employment Center
Senior Nutrition

(541) 269-2013
(800) 858-5777
FAX (541) 267-0194
<http://www.scbec.org/>

Meals On Wheels

Bandon	(541) 347-3181
Brookings	(541) 469-6822
Coos Bay	(541) 269-2013
Coquille	(541) 396-5341
Gold Beach	(541) 247-7506
Lakeside	(541) 759-3819
Myrtle Point	(541) 572-3151
Reedsport	(541) 271-4835

Gold Coast Security Emergency Response Systems

Medical Alert Program

Gold Coast Security or	(541) 267-5000
Oregon Statewide	(800) 525-5001
Coos Bay, OR	FAX (541) 269-0126

Lifeline

Coos Bay/North Bend	(541) 269-8008
Coquille	(541) 824-0106
Brookings	(800) 535-9472
Gold Beach	(541) 247-7084 x103

Financial Assistance Programs

(Call or visit for availability)

Area Agency on Aging (SCBEC)

<http://www.oregon.gov/DHS/spwpd/offices.shtml#coos>

Coos Bay

93781 Newport Lane
P.O. Box 1118
Coos Bay, OR 97420-4030
(541) 269-2013
(800) 858-5777
TTY (541) 267-4477
FAX (541) 267-0194

North Bend APD

3030 Broadway
North Bend, OR 97459
(541) 756-1861
TTY (541) 759-8799
FAX (541) 756-1861

Gold Beach

94145 5TH PL
Gold Beach, OR 97444
(541) 247-4515
Fax (541) 247-5938
(800) 257-1385

Brookings

16399 Lower Harbor Rd
Harbor, Oregon 97415
(541) 469-9299
FAX (541) 469-0632
(800) 4191371

Eldercare Service Locator

1-800-677-1116

<http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx>

Coos Elderly Services

390 South 2nd Street
Coos Bay, OR 97420
(541) 756-1202
FAX (541) 756-0148
<http://cooselderly.org/>

Salvation Army

1155 Flanagan Ave
Coos Bay, OR 97420
(541) 888-5202
Short term emergency assistance
<http://www.salvationarmy.org>

Oregon Coast Community Action

Short Term Assistance
Call for more information
<http://www.oregon.gov/OHCS/>

Coos County

1855 Thomas Ave
Coos Bay, OR 97420
www.orcca.us/
(541) 435-7080
FAX (541) 435-7101

Curry County

517 Railroad Avenue
Brookings, Or 97415
www.orcca.us/
(541) 469-3155
FAX (541) 435-7768

Funeral Directors

Amling-Schroeder Funeral Service

Bandon (541) 347-2907
Coquille (541) 396-3846
Myrtle Point (541) 572-2524

Coos Bay Chapel

Coos Bay (541) 267-3131

Dunes Memorial Chapel

Reedsport (541) 271-2822

Myrtle Grove Funeral Service

Coos Bay (541) 269-2851
Coquille (541) 396-3158

Nelson's Bay Area Mortuary

Coos Bay (541) 367-4216

North Bend Chapel

North Bend (541) 756-0440

Redwood Memorial Chapel

Brookings (541) 469-9112

Prescription

(Call or visit for availability)

NOTES

\$4.00 prescriptions

Some generic prescriptions available for \$4.00
(in some cases a little less).
Call your pharmacy for more information

Helping Patients

www.helpingpatients.org

Medicare Part D: Prescription Drug Coverage

Call or visit online for more information
(800) 633-4227
www.medicare.gov

Needy Meds

www.needymeds.com

Oregon Prescription Drug Program (OPDP)

(800) 913-4146 Customer Service or ArrayRxCard.com
<http://www.oregon.gov/oha/pharmacy/OPDP/Pages/index.aspx>

Partnership for Prescription Assistance (PPA)

(888) 477-2669
www.pparx.org

Rx Assist

Volunteers in Health Care search database
<http://www.rxassist.org/>

RX Outreach

(800) 769-3880 St. Louis, MO
Mon-Fri 7:00 am–5:30 pm CST
<http://rxoutreach.com/>

Rx Savings Plan

(877) 673-3688
www.rxsavingsplus.com

Advocacy

Long-Term Care Ombudsman

3855 Wolverine St. NE, Suite 6

Salem, OR 97305

(503) 378-6533

(800) 522-2602

http://www.oregon.gov/LTCO/pages/about_us.aspx

Oregon Law Center

455 South 4th Street, Suite 5

P.O. Box 1098

Coos Bay, OR 97420

Coos County (541) 269-1226

Coos/Curry County (800) 303-3638

www.oregonlawcenter.org/olcweb_files/Page503.htm

Other Assistance for Families

(Call or visit for availability)

American Red Cross

Disaster Relief and Emergency Assistance

Service to Armed Forces

1165 Newmark Ave Ste. D

Coos Bay, OR 97420

1-800-733-2767

Federal Trade Commission

Protecting America's Consumers

Identity Theft, National Do-Not-Call Registry, e-mail Spam/Phishing. Anti-Trust

(202) 326-2222

www.ftc.gov

Financial Counseling

Consumer Credit Counseling for Coos, Curry, and SW Douglas Counties

Salem

Coos

Portland

3000 Market Place NE

(541) 267-7040

8800 SE Sunnyside Road

Suite 412

FAX (864) 942-1440

Clackamas, OR 97015

Salem, OR 97301

www.apprisen.com

Oregon Insurance Division

Consumer Advocacy Unit

350 Winter St. NE Room 440 / P.O. Box 14480, Salem, OR 97309

503-947-7984 or 888-877-4894 (toll-free)

Website: www.insurance.oregon.gov

E-mail: cp.ins@state.or.us

Housing Assistance

Bay Area First Step

(541) 756-3111
FAX (541) 756-2111
<http://www.bayareafirststep.org/>

North Bend City/Coos-Curry Housing Authorities

1700 Monroe Street
North Bend, OR 97459
<http://www.ccnbchas.org/>

Oasis Shelter

P.O. Box 932
Gold Beach, OR 97444
(541) 425-5238 or
(800) 247-7600 HOTLINE
<http://www.oasisshelterhome.org>

Outreach Gospel Mission

15701 Hwy 101 South
Brookings, OR 97415
(541) 412-0278
<http://www.bogm.org/>

T.H.E. House

745 Koos BLVD
Coos Bay, OR 97420
541-267-5331

The Safe Project

1681 Newmark Ave
Coos Bay, OR 97420
Business (541) 888-1048
24-Hr Crisis Line (541) 756-7000
Shelter Office (541) 756-2452
Toll free (888) 793-5612
<http://stopabusecoos.org/>

Fair Housing Council of Oregon (HUD)

(800) 424-3247 (Portland)
<http://www.fhco.org>

Oregon Coast Community Action

1855 Thomas Ave
Coos Bay, OR 97420
(541) 435-7080
FAX (541) 435-7101
www.orcca.us

The ARK Project

Harding Building/Marshfield Campus
755 S. 7th ST
Coos Bay, OR 97420
(541)267-3104 ext.7115
<http://coosbayd9.com/>

South Coast Gospel Mission

1999 N. 7th Street
Coos Bay, OR 97420
(541) 269-5017
FAX (541) 269-5125
<http://southcoastgospelmission.org/>

Crime Victim Assistance

Coquille Courthouse (541) 396-7545
Gold Beach Courthouse (541) 247-7011
Reedsport Annex Courthouse (541) 271-3641
<http://www.aardvarc.org/dv/states/ordv>

Food Banks

(Call or visit for availability)

<http://www.foodpantries.org/st/oregon>

Area	Address	Other Info
Bandon	Bandon Good Neighbors LIONS Shed 1100 – 11 th St. SW Bandon City Park	(541) 329-2399 (541) 347-8406
	Bandon Restoration Worship Center 89 North Ave NE	(541) 347-4900 x3
Brookings	Brookings Food Bank 539 Hemlock Street (at the corner of Willow)	(541) 469-6988
Charleston	Charleston Food Pantry 63081 Crown Point Road	(541) 756-4920
Coos Bay	Coos Bay Seventh Day Adventist 2175 Newmark	(541) 756-5812
	Coos Food Cupboard 370 Market St	(541) 217-0258
	Coos Bay Library Community Fridge 525 Anderson Ave	(541) 269-1101
	Salvation Army 1155 Flanagan Ave. (off Schoneman)	(541) 888-5202
	South Coast Food Share Fresh Choice Market 255 LaClair St	(541) 435-7080 x 376
Coquille	Coquille Food Bank Holy Name Catholic Church 50 South Dean St	(541) 396-4849
Gold Beach	Gold Beach Christian Help 29813 Colvin Street (behind Courthouse)	(541) 247-4054
	Gold Beach 7 th Day Adventist 94191 3 rd Street	(541) 247-2057
Lakeside	Lakeside Feed the Need Pantry 915 N Lake Road	(541) 759-3819
Myrtle Point	Myrtle Point Bear Cupboard 1320 Maryland Ave.	(541) 290-0002

Powers	Powers Food Pantry Corner of Fir and 2 nd Ave	
Reedsport	AARP Pantry 810 Greenwood	(541) 271-3609
	Project Blessing Food Bank 150 S 20 th St	

For updates contact southcoastfoodshare@orcca.us

Meals-On-Wheels

Please call South Coast Business
93781 Newport
Coos Bay, OR 97420
541-269-2013
For availability.

Meal Programs

(Call or visit for availability)

BANDON

E.A.T. (Everyone At Table) @ the Bandon Barn

At "The Barn"-- Bandon City Park
1100 11th Street SW
Bandon, OR 97411
(541) 347-3500

This equal opportunity program is for low income families, singles, and seniors. The meal is free, but donations are always welcome. Sponsored by donations & grants

BROOKINGS

Chetco Senior Center

550 Chetco Lane
Brookings, OR 97411
(541) 469-6822

St. Timothy's Episcopal Church

401 Fir St.
Brookings, OR 97411
(541) 469-3314

COOS BAY

Bay Area Senior Center

886 S. 4th St
Coos Bay, OR 97420
(541) 269-2626

College Park Community Church

2548 Newmark St
North Bend, OR 97459
(541) 290-1463

Nancy Devereux Center

1200 Newmark Ave
Coos Bay, OR 97420
(541) 888-3202

<http://www.thedevereuxcenter.org/>

The Harbor AG

63748 Harriet Rd
Coos Bay, OR 97420
(541) 759-4838

<https://www.theharborag.com>

The Refuge Church

625 Commercial
(541) 269-0872

South Coast Gospel Mission

1999 North 7th Street
Coos Bay, OR 97420
(541) 269-5017

United Methodist Church

123 Ocean Blvd SE
Coos Bay, OR 97420
(541)267-4410

GOLD BEACH

Gold Beach Community Center

29841 Airport Way
Gold Beach, OR 97444
(541) 247-7506

Gold Beach SDA Soup Kitchen

94191 3rd St
(541) 247-2057

Lakeside
Lakeside Senior Center
915 N Lake Road
(541) 759-3819

NORTH BEND
North Bend Senior Center
1470 Airport Lane
North Bend, OR 97459
(541) 756-7622

Medical/Dental Care for Low-Income / Uninsured
(Call or visit for availability)

Coast Community Health Center
1010 1st Street SE, Suite 110
Bandon, OR 97411
(541) 347-2529
FAX (541) 347-9196

NOTES

OHP/WOAH Advantage Dental
For emergency dental issues:
(866) 268-9631
For non-emergent dental care:
(888) 468-0022

Umpqua Community Health Center
150 NE Kenneth Ford Dr
Roseburg, OR 97470
(541) 672-9596

Waterfall Clinic
1890 Waite Street Suite 1
North Bend, OR 97459
(541) 756-6232
FAX (541) 756-6234

Public Health

(Call or visit for availability)

Coos County Health & Human Services

281 Laclair St

Coos Bay, OR 97420

(541) 266-6700

Fax: (541) 888-8726

<http://www.co.coos.or.us/Departments/CoosHealthWellness/>

Curry County Public Health Department

94235 Moore Street, St #121

Gold Beach, OR 97444

(541) 247-3300

(888) 811-1513

www.co.curry.or.us

<https://www.currych.org/serviecies/#public-health>

Douglas County Public Health Department

680 Fir Avenue

Reedsport, OR 97467

Reception only (541) 271-4835

FAX (541) 271-5039

<http://www.co.douglas.or.us/health/>

Mental Health

(Call or visit for availability)

Coos Health & Wellness

281 Laclair St

Coos Bay, OR 97420

(541) 266-6700

Fax: (541) 888-8726

24 Hour Crisis Hotline

(541) 266-6800

1-888-543-5763

<http://www.mh.co.coos.or.us/>

The Devereux Center

1200 Newmark AVE

Coos Bay, OR 97420

(541) 888-3202

[Provides day services for the homeless and mentally ill, warming center and other resources.](http://www.thedeveurexcenter.org/)

<http://www.thedeveurexcenter.org/>

Curry County Human Services

29821 Colvin Street
Gold Beach, OR 97444

(541) 247-4082

FAX (541) 247-5058

517 Railroad Avenue
Brookings OR 97415

(541) 469-3007

After Hours Mental Health Crisis Line
(877) 519-9322

Western Douglas County

680 Fir Avenue

Reedsport, OR 97467

(541) 271-4835

After Hours Mental Health Crisis Line

(800) 866-9780

<http://www.co.douglas.or.us/health/MH/>

Veteran's Administration

(Call or visit for availability)

VA North Bend Community Based Outpatient Clinic

2191 Marion Street
North Bend, OR 97459
(541) 756-8002
FAX (541) 756-7503

<http://www2.va.gov/directory/guide/facility>

Roseburg VA Healthcare System

913 NW Garden Valley Blvd
Roseburg, OR
(541) 440-1000
Toll Free (800) 549-8387
Main Office # (541) 440-1225

www.roseburg.va.gov/

Veteran's Regional Administration

Services, Benefits Information, and Assistance

(800) 827-1000

<http://www.va.gov/>

Oregon Department of Veterans' Affairs

(800) 692-9666

www.oregon.gov/ODVA/

Curry County Courthouse

(541) 247-3205

call for appointment

<http://www.co.curry.or.us/Departments/Veterans-Services>

Coos County Courthouse

(541) 396-7590

E-Mail coosvets@co.coos.or.us

<http://www.co.coos.or.us/Departments/VeteransAssistance.aspx>

Southwestern Oregon Veteran's Outreach (SOVO)

Pony Village Mall, North Bend, OR

(541) 756-8718

Other appointments as needed

Bill Brady volunteer (541) 756-8718

<http://www.sovo4vets.org>

Alcohol / Substance Abuse Resources **Services to Family & Friends – Support Groups**

(Call or visit for availability)

Adapt

400 Virginia Avenue, Suite 201
North Bend, OR 97459
(541) 751-0357
FAX (541)751-9985
<http://www.adaptoregon.org/>

NOTES

Al Anon

Oregon Area District #8
Coos Bay, OR 97420
<http://www.oregonal-anon.org/>

Alcoholics Anonymous

Coos Bay (541) 269-3265
Florence (541) 902-0152
Curry County (541) 247-2506
Brookings (541) 469-2440
AA Hot Line 1-888-203-1432
<http://www.aa-oregon.org/>

Adapt Crossroads

3099 NE Diamond Lake Blvd, Roseburg, OR
- Adults: men and women, mothers with children
(541) 673-3469 24-hours
<http://www.adaptoregon.org/>

A Gambling Addiction

National Council on Problem Gambling
24-hour confidential hotline
(541) 297-4448
<http://www.ncpgambling.org/>

Bay Area First Step

1942 Sheridan Avenue
North Bend, OR 97459
(541) 756-3111
FAX (541) 756-2111
<http://www.bayareafirststep.org/>

MADD—Mothers Against Drunk Driving

(800) GET-MADD (800) 438-6233
(541) 343-8115 Eugene – Leave message only
(541) 607-8452
<http://www.madd.org/>
e-mail: eugene.or@madd.org

Maslow Project

740 South Second Street
Coos Bay, OR
(800) 522-4700
www.wfall.org/maslow

Narcotics Anonymous

PO Box 1263
Coos Bay, OR 97520
(541) 267-0273
24-hr Hotline
www.pcrna.org/coosbay/

Serenity Lane Treatment Centers

Eugene Residential Program
616 East 16th Ave, Eugene 97401
(541) 687-1110
24-hr Central Information:
(800) 543-9905
<http://www.serenitylane.org/>

South Coast Al-Anon Club

1836 1/2 Union Street
North Bend, OR 97459

US Gambling Hotline- Oregon

(877) 695-4648

Willamette Family

Health, Wellness and Recovery
Lane County: Cottage Grove, Eugene, Springfield
(541) 344-0031
www.wfts.org

TRANSPORTATION

(Call or visit for availability)

Bay Cities Ambulance

3505 SE Ocean Blvd
Coos Bay, OR 97420
(541) 266-4300
<http://www.baycitiesambulance.com/>
Ambulance Services – 911 Emergency
Inter-facility Transports
Wheel Chair Van
Lifeguard membership available

Coos County Area Transit

Coos Bay, North Bend, Coquille
(541) 267-7111
Bandon
(541) 347-4131
Myrtle Point
(541) 572-3151
www.coostransit.org

NOTES

Curry County Public Transit

Smith River, CA to North Bend, OR
(800) 921-2871
Public Transit
Dial-a-Ride
Coastal Express
<http://www.currypublictransit.org/>

Ready Ride

(800) 479-7920

Yellow Cab Taxi

24-hour Dispatch
93779 Troy Ln
Coos Bay, OR 97420
(541) 267-3111
<http://yellowcabcoosbay.com/>

Orange Cab

24-hour Dispatch
1165 Newmark Ave Suite D
Coos Bay, OR 97420
(541) 808-9269

Bay Cities Brokerage

3505 Ocean BLVD SE
Coos Bay, OR 97420
1-877-324-8109
<https://portal.bca-rides.com>
Advanced Health and Umpqua
Health Alliance

Please call in advance to schedule a ride

Monday-Friday

8:00 am – 5:00 pm

Have information ready when calling:

Medical Card

Medical Appointment date, time

Provider name, address, telephone
number

Medical related transportation services for
eligible Oregon Health Plan and Medicaid
clients

Translink

(888) 518-8160
<http://www.rvtd.org/translink.php>

Reporting Abuse or Neglect

(Call or visit for availability)

All persons have the right to be free from mental, physical, sexual and verbal abuse, as well as freedom from neglect and exploitation.

Examples of Child Abuse, Neglect or Exploitation include:

- Physical abuse
- Sexual abuse or exploitation
- Neglect
- Mental injury or maltreatment
- Abandonment
- Threat of harm
- Child selling
- Fatality

Examples of Elder Abuse, Neglect or Exploitation include:

- Financial abuse or exploitation
- Neglect
- Self-neglect
- Caregiver abuse and neglect
- Psychological or emotional abuse
- Sexual abuse
- Abandonment
- Physical Abuse

<http://www.oregon.gov/DHS/children/abuse/>

<http://www.oregon.gov/DHS/spwpd/abuse>

Where to Report

If someone is being hurt or is in immediate danger, CALL 911 immediately.

Police Departments

Bandon	(541) 347-2241
Brookings	(541) 469-3118
Coquille	(541) 396-2114
Coos Bay	(541) 269-8911
Gold Beach	(541) 247-6671
Myrtle Point	(541) 572-2124
North Bend	(541) 756-3161
Powers	(541) 332-9013
Reedsport	(541) 271-2100

Children

Department of Human Service
Child Abuse and Neglect Reporting
(after-hours calls are forwarded)
Coos County (541) 756-5500
Curry County (541) 247-5437
Douglas County (541) 440-3373

<http://www.oregon.gov/DHS/children/abuse/>

Elderly / Developmentally Disabled Residents of Health Care Facility

Department of Human Service
Aging and People with Disabilities
3030 Broadway
North Bend, Or 97459
(541) 756-2017

<http://www.oregon.gov/DHS/spwpc/abuse>

Women's Safety Resource Center

1680 Newmark Ave.
Coos Bay, OR 97420

24- Hour Crisis Line

(541) 751-2550 or
Toll Free (888) 793-5612

<http://www.womensafety.org/>

Kids' HOPE Center

1925 Thompson Ave.
Coos Bay, Or 97420
(541) 266-8806
FAX (541) 266-9184

LOCAL MAP
COOS BAY & NORTH BEND, OREGON

(Call or visit for availability)

BAY AREA HOSPITAL 1775 Thompson Road Coos Bay, OR 97420	Southwestern Oregon Community College 1988 Newmark Ave. Coos Bay, OR 97420
NORTH BEND MEDICAL CENTER 1900 Woodland Drive Coos Bay, OR 97420	NEWMARK CENTER 1988 Newmark Ave Coos Bay, OR 97420
SOUTH COAST HOSPICE 1620 Thompson Road Coos Bay, OR 97420	BAY CITIES AMBULANCE 3505 Ocean Blvd SE Coos Bay, OR 97420
BAY CLINIC 1750 Thompson Road Coos Bay, OR 97420	PACIFIC MEDICAL SERVICES 2674 Broadway North Bend, OR 97459
AVAMERE REHABILITATION 2625 Coos Bay Blvd Coos Bay, OR 97420	Department of Human Services (DHS) 3030 Broadway North Bend, OR 97459
WATERFALL CLINIC 1890 Waite Street North Bend, OR 97459	OCEAN RIDGE ASSISTED LIVING 1855 Ocean Blvd, SE Coos Bay, OR 97420
LINCARE 155 N. Schoneman Ave. Coos Bay, OR 97420	COOS COUNTY NORTH BEND ANNEX 1975 McPherson Street North Bend, OR 97459
INLAND POINT ASSISTED LIVING 2265 Inland Drive North Bend, OR 97459	COMMUNITY HEALTH & EDUCATION CENTER / BAH HOME HEALTH 3950 Sherman Ave. North Bend, OR 97459
LIFE CARE CENTER 2890 Ocean Blvd. SE Coos Bay, OR 97420	

Map on next page →

